

YMCA EXETER

YOUTH SERVICES CURRICULUM



PERSONAL IDENTITY & RELATIONSHIPS	ENVIRONMENTAL & GLOBAL YOUTH WORK	LEAVING HOME, STARTING WORK	HEALTH	POWER < JUSTICE & EQUALITY	SPORTS, ART & TRAVEL
Self-image	Animal rights	Education	Alternative health practices	Access to different agencies	Sport
Ability & Disability	Nature & environments	Numeracy & literacy skills	Nutrition & exercise	Community safety	Outdoor activities
Culture, history & heritage	Living in rural area / town / city	Employment	Alcohol	Crime	Adventure
Gender	Reduce, reuse, recycle	Voluntary work	First Aid	Citizenship	Arts
Religious identity	Pollution	Types of work	Hygiene	Democracy	Music
Spirituality	Climate change / global warming	Benefits	Mental and emotional health and well-being	Legal rights	Driving & road safety
Young carers	Local action	Looking for work	Men's health issues	Politics	Transport
Self-esteem	Globalisation	Unemployment	Women's health issues	Voice and influence	Exchanges
Values & attitudes	Human rights	Paying tax	Personal safety	Social inclusion	International work and travel
Assertiveness	Child labour	Trade unions	Self – defence	Ownership of club/centre	Team building skills
Confidence	War and peace	Being at work – rights & expectations	Sexual health	Consumer rights	
Friendships	Migration (of people)	Training schemes	Drugs & stimulants	Diversity & equal opportunities	
Peer pressure	Fair trade / trade justice	Working in Europe		Discrimination	
Family	Sustainability	Leaving home		Disability awareness	
Community		Types of housing		Racism / Prejudice	
Love, sex & relationships		Living with others		Sexism	
Bullying		Household bills		Homophobia	
Violence in peer groups		Tenants' rights		Class	
Violence in families & relationships (domestic)		Managing money			
Childcare		Debts			
		Gambling			