

Coronavirus: staying safe and well in Broadclyst Parish **Do you need help?**



Broadclyst Parish Council
GROWING OUR COMMUNITY

If you are a high-risk person (including adults over 70 and people who have serious chronic medical conditions like heart disease; diabetes; lung disease) or have / had any symptoms

You must:

- Self-isolate
- Arrange for food, medicines, and other essential items to be delivered to your house

Put a plan in place

How will you manage to get food, medicine etc.?

If there is nobody who can help you, contact
Broadclyst Parish Council

on **01392 360269**

**Broadclyst Village Shop is offering a delivery service in this area: call the shop after 9am
01392 461245**



We have volunteers in this area who will do a larger shop at a supermarket for you, exercise pets, or just be a friendly voice on the end of the phone.

To ask for help, or to find out more, call Angie or Natasha at:

Broadclyst Parish Council: 01392 360269;

email: office@broadclyst.org

We are here for you.

Meet your Local Councillors



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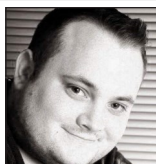
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Natasha Curwood

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Chairman's Corner

Councillor Henry Massey

The past couple of months have been unprecedented – life as we knew it has been put on hold. Many people have had to face hardships and challenges they could never have imagined at the start of the year.

However, along with the negatives the crisis has clearly brought, there are positive aspects as well. We are blessed to live in a wonderful part of the

country, with a thriving community. The parish has come together with a volunteer network of over one hundred people. Managed by our clerk (Angie) and assistant clerk (Natasha), they are ensuring that isolated residents receive the support they need. This was set up and in place before the lockdown even came into force.

Walking through the village I see families

together, enjoying time they may not have had before the lockdown. The roads are quieter, and the weather has done its part in brightening the mood. People are using the village shop more, exploring our miles of footpaths, talking (at a distance) to each other; we're coming together as a community, even whilst isolated.

I hope that when life does return to normal, it is a



new normal, with more time to enjoy what we have around us, to value those important to us, and willing to remain an active part of your community.

Key workers in our midst are quiet heroes

We have always valued and appreciated the vocation of doctors, nurses, health workers, and care workers, because they have the strength and compassion and professional training to deal with life and death in their patients.

Now they are putting their own lives on the line every time they go to work, a situation completely unprecedented except in war zone hospitals. These quiet heroes, along with many other key workers, who also have to work in high risk situations, live here in our parish; we are sure you will echo our sincere thanks as we let them know that they are valued and appreciated.

Our sympathy goes out to all who have lost family,

friends and loved ones. Our thoughts are with those who must stay shielded, and those of us who care for family, friends, and neighbours who are self-isolating. We also would like to thank everybody who is observing social distancing and doing their bit to stop the spread of Covid-19.

The economic impact of the shutdown has been severe for many people and businesses. As we rebuild our shattered economy we will be conscious of trying to create a resilient economy. The shutdown has had some positives: less noise from traffic, quieter and safer conditions for walking and cycling. People have enjoyed better air quality, in an exceptionally fine spring,

so beautiful as to be almost surreal, and greenhouse gas emissions have plummeted. We must resume essential services, and get the economy working again, but we can also support family life, neighbours and friends, local networks, local food, and local businesses, and reduce our impact on the planet.

Unexpectedly, this disaster has caused us to re-assess our priorities; we need to work our way ahead carefully as we face situations and outcomes that would have been unthinkable only a few months ago. Much is still unclear, but we as a parish council remain committed to doing whatever is



needed for our communities today as well as protecting all the best things and building a better tomorrow.

Henry Gent (Chair of the Communications Committee)

Clerk's Report

Angie Hurren

As I write this, we are in our 3rd week of lockdown and the 4th week since Broadclyst Parish Council actioned its Emergency Plan (16th March 2020) with full delegation to the Clerk in respect of operational business. On reflection, the last four weeks have been something of a learning curve for all of us as we have adapted to our new routines, but we have worked hard to overcome challenges and to focus on new priorities at an unprecedented time.

The local (Town/Parish) Council is ideally placed to respond quickly to the needs of its community. Parishioners know where to come for help and there is a pre-existing level of trust in the professionalism of the Council, which is reassuring for residents - some of whom are very scared. The following response to the Covid-19 pandemic sets out what we have done as a Council: as we look ahead into an immediate future of continuing lockdown, we cannot predict what else we will need to do. We can only remain in a position of reliable support in these unprecedented times and support our community however needed.

Community Support Scheme

Broadclyst Parish Council has set up a Community

Support Scheme that utilises a bank of volunteers to support those self-isolating for whatever reason who are without friends, family or other support networks. This extends to shopping, medicines, exercising pets, posting mail, and just being a friendly voice on the end of the phone.

Since its launch on 19th March 2020, the Scheme has over 100 volunteers, with volunteer area coordinators in place across much of the Parish (no mean feat for a parish of over 25 square miles). We have applied for funding to pay towards volunteers' mileage reimbursement. At the time of writing, the Scheme continues to support over thirty households

It's really important to emphasise that there is no shame in coming forward for help; your request will be treated in the utmost confidence and with all due respect. We do not report to any other organisation so we do not share your details and you will not end up being on any sort of register as a result of getting in touch.

Community Engagement

The council website has a dedicated page for information and advice <https://www.broadclyst.org/community/coronavirus>

as well as online forms to register as a volunteer or submit a request for help.

The Council's social media platforms share national and local updates as well as promoting the support scheme.

2,500 fliers have been distributed across the parish to ensure that residents who do not use social media are aware of the scheme and know where to get help locally. Repeated targeted flier-drops remind people how to get help and support.

Home Delivery

We are working with Broadclyst Village Shop and Post Office to coordinate a home delivery scheme. We have applied for funding to pay towards volunteers' mileage reimbursement and promotion of the service.

Prescriptions

Broadclyst Parish is mainly served by the Pinhoe and Broadclyst surgery, with prescriptions dispensed from either Broadclyst or Cranbrook pharmacy, depending on the patient's geographical location. Many of the usual team of volunteers who deliver medicines are of an age where they had to self-isolate from 'day one', and so the Practice Manager is making use of the volunteer database to ensure prescriptions are still reaching patients. We have applied for funding to

pay towards volunteers' mileage reimbursement.

Virtual Support

Different areas are utilising different methods of keeping in touch: one rural hamlet has set up a What's App group where the eight households message each other each day to make sure everybody has everything they need. The Parish Council has suggested different platforms and people are responding as best suits their immediate neighbours.

We are lucky enough to have two Counsellors offering online/telephone support, along with volunteers offering a friendly voice on the end of the phone.

Demographic

Broadclyst Parish has an atypical demographic mix, with under 20% over 65 (East Devon average is 30%, 16% across England) and higher than average working age resident population (53% against 48% in East Devon and 52% England). From a community resilience perspective, one of our challenges has been how best to support residents in the new strategic development sites at Westclyst and Tithebarn who are often without family or other social support networks and are therefore less likely to be equipped for resilience.



during such times of stress. As a Council, we continually strive to recognise the range of challenges facing our residents and ensure we respond appropriately.

Broadclyst Fund

The Council is promoting and asking for donations to the Broadclyst Fund <https://www.broadclyst.org/community/broadclyst-in-need-fund> a registered charity which makes grants to individuals or organisations in Broadclyst Parish (or who have a close association with the Parish) who are in some way in need.

Governance and Compliance

We recognise that in times of emergency there is a temptation to throw caution to the wind and “act first, think later”, without analysing and managing risk to all parties. By managing the Community Support Scheme in-house and working with the Council’s insurers, we have been able to set up a scheme where potential risk is identified and managed. Safeguarding procedures and insurance cover is essential, as the scheme will

inevitably serve vulnerable people.

Reflection

The life of a Local Council Clerk is never boring – no two days are ever the same – and there is always an element of personal and professional progression as new skills are learned and working practices refined. Operating under full delegation during the Covid-19 crisis has called upon a wide range of skills including managing risk, project management, funding applications, and communications, as well as developing new skills such as managing staff remotely. Did I mention that this has coincided with our year-end too, as if there was any danger of getting bored!

Covid-19 comes at a time where one of this year’s University modules asks the question “is Emotional Intelligence an important factor in both Management and Leadership?” Looking at the definitions of and differences between Leadership and Management, I note that Clerking contains elements of both. Running the Support Scheme has required Natasha and I to use empathy to ensure we are able to identify residents needs and match them with volunteers. We have spoken with many people who are scared and worried; each call is very personal, and we take great pride in being in a position to be able to

arrange support for vulnerable residents at a time where their usual support network is unavailable.

Working alongside households who have been financially impacted and promoting the Broadclyst Fund has made me reflect on my own charitable giving. Historically I have given £10/month to a well-known national charity; I have occasionally wondered how much of that money ever reaches its intended destination, but always placated myself with the thought that as long as some of it does, then that’s good enough – right? But no - witnessing the initial desperation followed by relief on the faces of those in need who the Broadclyst Fund has supported, has been enough to make me switch my charitable giving to this local charity. I know

that none of the money is taken up by administrative costs, with it all going to those in need and experiencing hardship in the very community that I serve – our neighbours. One thing that has been very humbling as we have set up the Support Scheme has been how much people want to help each other: as we move towards our new post-Covid future, perhaps you might also take a moment to reflect if you could spare a few pounds a month to support any of your local charities – Broadclyst Fund and Clyst Caring. Contact details for each are:

broadclystfund@gmail.com and <https://www.clystcaringfriends.org.uk/donate>

BROADCLYST POST OFFICE and VILLAGE STORES



**Your Own
Local
Convenience
Store!**

HOURS OF OPENING

	VILLAGE STORES	POST OFFICE
Monday/Friday	7.30am - 7.00pm	9.00am - 5.30am
Saturday	8.00am - 5.00pm	9.00am - 12.30pm
Sunday	8.00am - 2.00pm	CLOSED

What Can We Do Today?

Keeping children's bodies moving and brains active is essential, particularly when they are not at school during the coronavirus pandemic. Finding new ways to keep youngsters occupied will also help take the pressure off parents and carers while schools are closed during the UK-wide lockdown.

With a creative mind, there are countless forms of entertainment that can be done at little to no cost - you won't even need to go further than your own garden.

1. Grow things

Growing is possible for anyone, even for those without a huge garden or a vegetable patch.

Planting seeds in soil is a fun activity in itself but it will also create a long term project. It will provide children with responsibility over the following weeks as they make sure the plants receive all the elements they need.

Choose fast-growing plants, such as sunflowers, so the children can watch them grow.

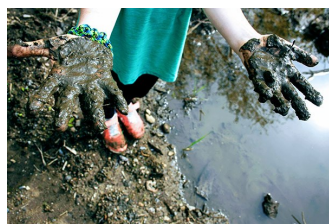


2. Spot night-time wildlife

If you can fit it in before their bedtime, taking your children on an evening adventure could be exciting. You don't even need to go further than your garden - but getting a last bit of movement in could make bedtime that bit easier for parents.

If you're lucky, you might spot a bat or owl flying above or catch a badger or hedgehog before it disappears into the bushes.

3. 'Bake' with mud



Water and mud are the only ingredients you need to make mud cakes. Kids will love getting their hands dirty and it is bound to keep them occupied for hours!

4. Look for shapes in the clouds

If you're exhausted from running around after your kids all day, this could be the perfect way to give yourself a break. On a sunny day, it could be an enjoyable activity for parents and children alike.

5. Make a nature documentary

Use a real or imaginary camera to direct an Attenborough-style documentary - who knows what you might come across!

6. Make magic potions

Create some magic using ingredients that can be found around the house. Baking soda, vinegar, washing up liquid, food colouring and some glitter is all you need to create a fizzing potion.

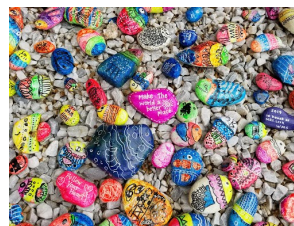
The children can also decide what magic power the potion will give to those who (pretend to) drink it.

7. Treasure hunt

With a little planning, send your kids on a treasure hunt around the garden. Stain a homemade map with coffee and scorch the edges to make it extra effective.

8. Paint rocks

Any painting activity will do but change things up by painting rocks to transform them into animals such as ladybirds or tortoises.



9. Make handprint garden stepping stones

Get your hands on some cement mix and a mould and create something that can be kept forever. When your children become adults, it will be nice for them to look back at how tiny their hands were.

10. Make a birdfeeder

There are plenty of ways to make a birdfeeder using items that can be found around the house.

Coating a pinecone with a mixture of butter and seeds and hanging it on a tree using string is one easy option.

11. Water Fight Water balloons, water guns or sponges are all that are needed for a lot of fun on a warm day.

12. Wash the car



Some soap and sponges could make what is a chore for you, a fun activity for children.

13. Obstacle course Use objects from around the house like skipping ropes, boxes and hula-hoops, and an egg and spoon to create a course. Building the course will be a fun project in itself.

14. Picnic in the garden

When the sun is out, take a blanket outside and some healthy finger foods to make sure you get your daily dose of vitamin D. It could even be worth bringing out the barbeque.

15. Leaf rubbing

Use leaves found around your garden to make art. Place the leaves under a sheet of coloured A3 paper and rub wax crayons over each leaf until you can see the impression emerge.

16. Scavenger hunt

Give the kids a list of items to find in nature, such as mushrooms, feathers, birds nests and badger setts.

17. Tie-dye shirts

You don't need to buy a kit for this, you just need some Sharpie pens, rubbing alcohol and a spare plain t-shirt.

18. Homemade bubbles

Instead of buying bubbles from the shop, make it into an arts and crafts project. Bubble solution can be made from warm water, sugar and dish soap.

You can also make a DIY bubble wand using pipe cleaners and beads.

19. Paint the driveway

Use shop-bought or home-made chalk (made of corn-flour, water and food colouring) to create temporary art on the driveway or pavement.

20. Stargazing

There are plenty of apps available for iPhones and Android devices to help you identify planets, stars and constellations on a clear night. Or, if you don't need the aid of these, simply take the children into the garden before bedtime and pass on your knowledge

21. Baking

Admittedly, flour appears to be at a premium amid

the waning panic-buying frenzy, but baking cakes and loaves of bread are fun, educational and wholesome.

21. Decorating eggs

Either hard-boiled or hand-blown, there are plenty of tips on how to decorate eggs online

Article credit: Somerset Live <https://www.somersetlive.co.uk/news/somerset-news/coronavirus-lockdown-family-activities-isolation-3988258>

Photo credits: <https://unsplash.com/images/nature/sunflower>

<https://funchildhood.com/child-come-dirty-from-the-outside/>

<http://www.rustywrites.co.uk/racism/simon-ray-7h4ladpzhn0-unsplash/>

<https://www.clickinmoms.com/blog/fun-and-easy-ways-to-take-photos-in-the-summer/kids-playing-with-a-water-hose-by-lisa-rappa/>
<https://unsplash.com/photos/HzT5Du-UFW8>

Not Going Out, Hellings Garden Style

Self-isolation means “Not going out”, so what do we do?

My day starts with my first (BBC) breakfast in bed, after which I go downstairs for my real breakfast. Obviously I watch more television than before and have discovered several programmes new to me.

Film 4 and Talking Pictures are good for watching old films but even “The Man in the White Suit” and “The Lavender Hill Mob” pale a bit after a few viewings. If I had been in charge of the BBC I should have made sure that Covid -19

briefings did not squeeze out essential programmes like “Bargain Hunt” and “Pointless”.

My family have fixed me up with Zoom and I have arranged several family quizzes. The problem is to find a mixture of easy, difficult and impossible questions in such a way that the three teams captained by my three children end up with more or less equal results. My two favourite questions, from opposite ends of the intellectual spectrum, were “What series of novels tells the story of a kitchen stove?” and “How do you change 7 into 111?” Most of the family knew how to

find “A wise companion” and “where cattle cross the river” but not what to do “after 7,8”.

I started clearing up my filing system which had been neglected for many years. Surprisingly it took less time than expected but then I had the problem of disposing of all the wastepaper. Most of it had gone into my composter but now I shall have to do some more gardening to dispose of the compost!

After lunch I usually go out for my one permitted walk. I have four alternative routes round the village, avoiding

bottlenecks like Scratcharse Lane, where “social distancing” would be impossible. On my return I sometimes feel like a drink, but I have to be careful as my daughter would know how much gin I was drinking from the amount of tonic I asked her to buy for me.

I have also been doing some painting, including some portraits of my grand children which have raised a few laughs. In due course the Friday painting group will show the wider world what we have been up to during the lockdown.

Stephen Schlich

Coronavirus Guidance for Businesses, Employers and Employees

The Government has issued guidance for businesses and employees in regards to the spread of the novel coronavirus, COVID-19.

This published guidance:

- assists employers and businesses in providing advice to staff on COVID-19;
 - gives advice on how to prevent its spread;
 - advises on what to do if someone with suspected or confirmed to have COVID-19 has been in a workplace setting;
 - offers advice to give to individuals who have travelled to specific areas;
- advises for the certification of absence from work resulting from COVID-19.

Package of support for businesses

The government has also set out a package of support for businesses through the period of disruption caused by COVID-19.

Measures to support businesses include:

- Coronavirus Job

Retention Scheme: This is now live. Employers can now go on to the HMRC website to claim cash grants worth up to 80% of wages, capped at £2,500 a month per worker.

- deferring VAT and income tax payments
- statutory sick pay relief package for SMEs
- Business Rate Relief for small businesses.
- small business grant funding for all business in receipt of Small Business Rates Relief (SBRR) and Rural Rates Relief.
- Coronavirus Business Interruption Loan Scheme to support long-term viable businesses who may need to respond to cash-flow pressures by seeking additional finance
- Bank of England lending facility for larger firms
- HMRC Time to Pay scheme
- Commercial tenants unable to pay rent because of coronavirus will be protected from eviction
- A new coronavirus package to protect firms

driving innovation in UK, including a new £500 million loan scheme for high-growth firms launching in May, called the Future Fund, and £750 million of targeted support for small and medium sized businesses focusing on research and development.

Information about all this support is available via the official GOV.UK website www.gov.uk/government/collections/financial-support-for-businesses-during-coronavirus-covid-19

Business support

Find coronavirus financial support for your business. The government has launched a business support finder to help businesses see what support is available to them www.gov.uk/business-coronavirus-support-finder

A range of business support is available to businesses. Visit www.gov.uk/business-support to find out how to access the support that has been made available, who is eligible, when the schemes open and how to apply.

Help for self-employed

Government announced a new self-employed income support scheme. Self-employed people who have been adversely affected will be able to access taxable grants of 80% of average annual profits over the last 3 years, up to £2,500 per month. It will be open for a period of at least 3 months, backdated to 1 March 2020.

The scheme is targeted to those who have a trading profit of up to £50,000 per year and that make the majority of their income from self-employment. It is for people who are already self-employed and who have a tax return for 2018/19.

If anyone missed filing their tax return at the end of January 2020, they will have until 23 April to submit a tax return. The scheme will be administered by HMRC and it is expected that businesses will be able to receive the grant in early June. HMRC will contact you directly. Self-employed people can also access business interruption loans and universal credit.

Copies of Parish Council Agendas and Minutes

The minutes of all parish council meetings are always put on our website. Copies of these and/or any agenda can be emailed or posted. Please telephone or email the parish clerk for particular copies you want, or request to be added to our emailing list for all agendas and minutes sent out monthly. Details of all planning applications are also available on the website.

Income tax deferral

If you are self-employed, Income Tax payments due in July 2020 under the Self-Assessment system will be deferred to 31 January 2021.

Heart of the South West Growth Hub

The Heart of the South West Growth Hub provides information to help businesses in Devon,

Somerset, Plymouth and Torbay during the COVID-19 crisis. The Hub also offers information about various business support programmes operating in the area.

Business continuity helpline set up by East Devon-based social enterprise

Cosmic are offering free helpline and toolkit for local businesses and

charities to help them set up remote working for staff in response to the COVID-19 pandemic.

This will help with business continuity and provide advice and guidance to businesses who need support to put effective homeworking arrangements in place.

The helpline phone number is 0330 088 4421

and the line will be open from 9am- 5pm, Monday-Friday.

For further information: <https://eastdevon.gov.uk/coronavirus-covid-19/businesses-employers-and-employees/coronavirus-guidance-for-businesses-employers-and-employees/>

Where to find GENUINE Coronavirus Information Online

There are so many hoaxes and scams about Coronavirus online that it can be difficult to find genuine information. Here's an essential list of legitimate sites whose advice you can trust

Asthma UK

Advice from the charity about how to manage your asthma
www.snipca.com/34551

BBC postcode map

Check the number of cases in your area www.snipca.com/34553

Carers UK

Details about how to stay safe if you're caring for someone
www.snipca.com/34552

Googles's official Coronavirus page

protects your mental wellbeing
contains links to useful videos and commonly asked questions
www.google.com/covid19

John Hopkins global map

Track the number of cases, deaths and recoveries worldwide
www.snipca.com/34550

NHS

Expert medical advice, including symptoms to look out for and how to

protect your mental wellbeing
www.snipca.com/34548

UK Government

Check for the latest guidelines on social distancing, plus advice on businesses and the self-employed
www.gov.uk/coronavirus

World Health Organisation

Read about the latest international efforts to fight the virus
www.snipca.com/34549

Handyman Vacancy

We need another Roger! Following the former handyman's retirement, we have a vacancy for a Parish Handyman.

There are no two days the same, with a wide range of duties to undertake, including grass cutting, various maintenance tasks of parish buildings, street furniture, footpaths, litter bin servicing, minor highways maintenance tasks, and assisting with community events.

Owing to the size of the Parish and the nature of the work, we are looking for somebody who can manage their own workload, has a positive 'can-do' attitude, and who has a full driving licence. The role will involve some manual lifting and using machinery.

Interviews will be held week commencing 18th May with a start date as soon as possible thereafter. Interviews will be conducted under

strict observation of social distancing requirements.

An application form and job description can be found in the news section on our website, or for an informal conversation please call 01392 360269 during office hours.



Broadclyst Parish Council
GROWING OUR COMMUNITY

Please Take Care, Be On Your Guard!

It is a very sad fact of life that there will always be people who have no conscience about taking advantage of others, and at this present time we all have a lot more on our minds to distract us, making us vulnerable to being taken in by the behaviour of such people.

The following pages warn of some of the dangers out there and hopefully will put us on our guard to recognise when things “aren’t quite right”, to make us stop and think twice. Be vigilant!

Coronavirus (COVID-19): Crime Prevention Advice on Distraction Burglaries / Bogus Callers

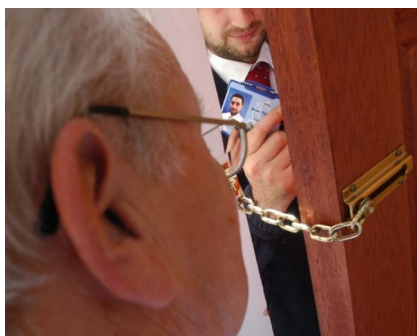
In addition to protecting our health and wellbeing during the emergence and spread of Coronavirus (Covid-19) we should also be mindful of our own security.

Opportunist criminals may exploit the spread of Coronavirus (Covid-19) Distraction burglaries, bogus callers, rogue traders, online and telephone frauds are just some of the crimes we should look out for.

If you require assistance, begin first with trusted people in your family or circle of friends. If you let people into your home be sure it is because you requested their assistance and heed the current HSE advice on social distancing.

Prevent and reduce distraction burglaries/ bogus callers/ rogue trader crimes by following these simple tips:

- Have a door chain fitted and keep the chain on. If you must open the door, use the chain.
- Have a viewer fitted in your door.



- Ask for ID – a genuine caller won’t mind!
- Don’t be embarrassed to tell the caller to leave their contact details and make an appointment.
- Make sure your back door is locked before you answer the front door.
- Are you expecting callers? If not, look out the window to get a good view of the caller.



- Use recommended tradespeople, avoid using cold callers.
- The basic rule is, if you don’t know the person at your door, you shouldn’t let them in.
- If you are anxious contact the Police on 101

Coronavirus (COVID-19): Crime Prevention Advice on Telephone and Online Frauds

Fraudsters are exploiting the spread of Coronavirus (Covid-19) to facilitate various types of online and telephone fraud.

Fraudsters send out coronavirus-themed phishing emails and texts in an attempt to trick people into opening malicious attachments or revealing sensitive personal and financial details.

They may purport to be from the government or other organisations

associated with the prevention of Coronavirus and contact potential victims via email or text.

They may claim to have information which supposedly affects the



intended victim. They seem to be genuine, perhaps about fake tests (above), or a fine (see below).

GOV.UK ALERT CORONAVIRUS

It has come to our attention that you have been out of the house more than once. Due to this irresponsible behaviour, we are issuing you a formal warning and £250 fine. If this continues, the fine could increase to a maximum of £5000 and/or an arrest. Payment will be taken automatically out of your account. Call [0800 345 9999](tel:08003459999) for any enquiries or to appeal.

Please remember: New rules in force now: you must stay at home. More info and exemptions at gov.uk/coronavirus Stay at home. Protect the NHS. Save lives

To be successful, these fraudsters require you to give up personal information either through trickery or misdirection which they can use to gain access to your funds or sell on to other criminals.

What can you do to prevent online and telephone frauds?

- Wherever you access your online information, keep your software updated, including your browser, antivirus and operating system.
- Beware of unsolicited requests, especially if they are requesting sensitive information such as your online banking account password or credit or debit card PIN number.
- If it's a telephone request, take the caller's number and advise them that you will call them back. Look up the organisation's phone number and contact them directly. Do not use the number they give you.
- Don't share your credit or debit card PIN number or your online banking password. Your bank will never ask for such details.
- Fraudsters can find your basic information online. Don't assume a caller is genuine just because they have such details.
- Don't transfer money to another account on their request.
- Look at emails closely: compare the address with previous real messages and check for bad spelling and grammar.
- Don't reply to suspicious emails or texts.

YOU WON'T FIND A COVID-19 CURE ONLINE

CRIMINALS ARE MAKING MONEY FROM THIS GLOBAL HEALTH CRISIS.

THOUSANDS OF WEBSITES CLAIM TO SELL COVID-19 CURES, TESTS OR VACCINES. **THEY ARE FAKE.**

UNAUTHORISED SELLERS ADVERTISE COUNTERFEIT FACE MASKS, VITAMINS AND DISINFECTANTS. **THEY ARE DANGEROUS.**

CRIMINALS PREY ON CONCERNED CITIZENS AND OFFER UNBRANDED MEDICAL PRODUCTS. **THEY ARE HARMFUL.**

ONLY RELY ON OFFICIAL GOVERNMENT SOURCES.

ONLY BUY FROM LICENSED SELLERS.

ONLY USE LEGITIMATE WEBSITES OFFERING SAFE PAYMENT OPTIONS.

Don't click on their links or download their attachments.

- When in doubt, double check the website or give the company a call.
- Don't be rushed. Take your time and make the appropriate checks before responding.
- If you think you might have

responded to a fraudulent email, text or call and provided your bank details, contact your bank immediately.

If you think you have been a victim of a crime, report it by calling 101 or online <https://services.devon-cornwall.police.uk/crimereporting/>

Coronavirus (COVID-19) and the impact on Modern Slavery

Modern slavery and human trafficking is a harmful and hidden crime, and its victims may be especially isolated and hidden from view during the coronavirus outbreak. Survivors of trafficking and exploitation are likely to be particularly affected by the pandemic and the resulting social and economic constraint.

Many have underlying physical health issues making them particularly vulnerable to becoming ill if they are infected.

Due to circumstances outside of their control, most victims who fall ill are unlikely to seek healthcare for fear of being exposed to the authorities, or because they are forced to continue working in order to survive and pay off debts.



If you suspect that someone is a victim of modern slavery it is important that you remain safe. Direct confrontation, especially in the presence of the controller may cause increased harm to the victim and is not advised. Instead, inform the relevant authorities.

If there is an immediate risk to life contact 999

Contact the police on **101** if there is no immediate threat to life

Call the Modern Slavery Helpline on **08000 121 700** or fill out an [online form](#)

Give anonymous and confidential information via Crimestoppers on **0800 555 111**

Covid- 19 - The Lucy Faithfull Foundation and the Stop It Now! helpline

The Lucy Faithfull Foundation

www.lucyfaithfull.org.uk

(LFF) works to prevent abuse from happening in the first place - and to prevent it from happening again if it already has. Following the government's guidelines around social distancing and self-isolation during the period of the coronavirus pandemic, we continue to provide support and advice to people who require someone to talk to about child sexual abuse and its prevention.

How will the coronavirus lockdown affect offending?

Many professionals recognise that social isolation, loneliness and stress are risk factors for many who have offended sexually, and that the lockdown may have a detrimental effect on their ability to manage their own behaviour. The professional supervision of, and support for, some offenders by police and probation staff will likely reduce during this period. Combined, these points suggest an increased risk of sexual harm to children during the lockdown.

LFF is working closely with the



police and probation services and other professionals to ensure that people they are in touch with are aware of the confidential support available through our services during the next few months.

The Stop It Now! helpline

Our Stop It Now! helpline is still available for all adults with concerns about sexual abuse prevention and deals with around 900 calls and emails a month.

www.stopitnow.org.uk

Around half of calls come from men who are worried about their own thoughts, feelings or behaviour towards children and who want help to manage their thoughts and behaviour – both online and offline - and prevent potential offending.

www.stopitnow.org.uk/concerned-about-your-own-thoughts-or-behaviour/help-with-inappropriate-thoughts-or-behaviour/

Over one quarter of callers are the adult family members of offenders and potential offenders. We help

them support their loved one and hold them accountable as they work to manage their behaviour.

www.stopitnow.org.uk/concerned-about-the-behaviour-of-another-adult/

Parents/carers of young people are another key audience for the helpline, as around one third of child sexual abuse is carried out by other children and young people. We advise about steps to take to manage concerning behaviours. www.stopitnow.org.uk/concerned-about-a-child-or-young-persons-sexual-behaviour/

The helpline is confidential and callers can remain anonymous, to allow them to be as open as they can and get the support that they need.

There is also a secure messaging service available through contactus.stopitnow.org.uk.

Tel: 0808 1000 900

**9.00am - 9.00pm Mon to Thurs;
9.00am - 5.00pm Friday**



What to do if Covid-19 has impacted your personal and household finances

The England Illegal Money Lending Team (IMLT) recognise that this period may be one of increased financial pressure for some people.

The Stop Loan Sharks helpline service (0300 555 2222) remains open and fully operational during the COVID-19 pandemic. We encourage not only victims but friends, family members and the wider community to come forward if they suspect someone is suffering at the hands of loan sharks.

The Government has published some useful advice if you are self-employed, claiming benefits or needing to make a claim for benefits and statutory sick pay – www.gov.uk/government/news/coronavirus-support-for-employees-benefit-claimants-and-businesses

For more information about statutory sick pay please visit – www.gov.uk/statutory-sick-pay

For more information about making a new claim for universal credit please visit – www.gov.uk/universal-credit

Citizens Advice

Citizens Advice continues to provide free, independent and confidential advice and support for people during these unprecedented and challenging times. citizensadvice.org.uk/coronavirus.



This page is especially for our younger readers - with resources from Childline

What is coronavirus?

COVID-19 is a new type of virus that's been affecting some people across the world. It's sometimes called coronavirus, and it can affect people's lungs and airways, but it seems like it has less effect on children and young people.

The symptoms are usually

- a high fever
- a cough you haven't had before.

Most people who get COVID-19 coronavirus will recover fully without ever needing to see their doctor or GP. Experts in the UK and across the world are working on treatments and ways to keep everyone safe

In the news

Everyone in the UK has been ordered to stay at home. This means that you can't:

- ♦ go out, unless it's to shop for things like food, medicine and toilet paper
- ♦ meet up with friends or with family you don't live with.

You can still go out to exercise once a day, even if it's for a short walk.

There's a lot of information online about Coronavirus, and you might hear different things from people you know.

Not everything you hear or read will be true. Read information from trustworthy websites like Newsround www.bbc.co.uk/newsround or the NHS www.nhs.uk/conditions/coronavirus-covid-19/

10 tips to cope during lockdown

1. Keep talking to people: keep in touch with friends online and talk to people at home.

2. Make a routine: It can be great to relax for a few days, but after a while it can have a big effect on your mood. Keep setting an alarm and try to go to bed when you normally would

3. Keep busy: Being stuck at home can be boring and stressful sometimes, especially if you don't get on with your family. Staying busy with things like schoolwork or hobbies can help you cope.

4. Stay healthy: www.childline.org.uk/info-advice/you-your-body/my-body/staying-healthy

You're allowed out once a day to exercise, and can exercise at home too www.nhs.uk/live-well/exercise/10-minute-home-cardio-workout/

5. Say goodbye to school: It can be upsetting when you've had to leave school suddenly, especially if it's your last year there. But there are lots of ways keep in touch with your friends or say goodbye to people.

6. Tell someone if you need support: It can be tough when you're used to having support from a school counsellor. Try to talk to an adult you trust if things are getting hard. Remember, you can always get support on the message boards or from Childline www.childline.org.uk/get-support/

7. Try new things: It's easy to get bored when you're stuck at home, so why not try learning a new skill. From practicing juggling to teaching yourself origami, the possibilities are endless. If you're not sure, try asking for

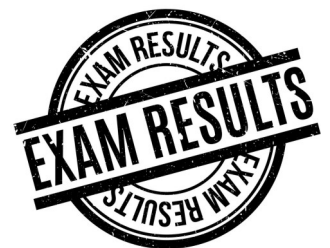
inspiration on the message boards www.childline.org.uk/get-support/message-boards

8. Ask questions about what's happening: Whether you're worried about people getting ill, what's going to happen in your exams www.childline.org.uk/info-advice/school-college-and-work/school-college/exam-results/ or what will happen with the coronavirus, it's important to ask an adult you trust about what you can do.

9. Let your feelings out: Whatever you're feeling, it's better out than in! Create an account and let your feelings out in the mood journal www.childline.org.uk/toolbox/mood-journal/ or get creative and make something using the Art box www.childline.org.uk/toolbox/art-box/

10. Remember, if you don't feel safe at home or things are getting difficult, get help.

You can also speak to us in confidence at the Parish Council and we can put you in touch with the right people. Call 01392 360269 office hours, mobile 07532 286713 evenings and weekends.



CVCC : Clyst Vale's Coronavirus Challenge!

Our approach has been to focus on students' well-being; our first priority (even above learning) is to keep in touch, make sure everyone is safe, and build up a sense of "belonging".

There were many tears on 20th March when we closed; for A-level and GCSE students the end of the year, their education and their memories had come to an abrupt halt. Worse, at that point, there was no certainty about their exams, or grades, or anything really.

For teenagers in general, lockdown deprives them of seeing their friends, the routine of school, and any sense of control; each of

these is fundamental to their development. This is doubly important for



disadvantaged students, so we have provided additional free school meal vouchers, given out tablets and dongles, and established a Welfare Group which helps and advises parents, including making welfare check visits. The College has remained open for vulnerable students and

children of key workers. There are strict measures: the College has "shrunk"

to a small area to maximise cleaning, while social distancing and hand sanitisers are both at two metre distance!

Our approach to remote learning is on similar principles. Many families have two adults and various children all trying to work at home and home-school at the same time.

We are providing 2-3 hours of learning activities each day, flexible to fit with family routine not school time, although for older students in Years 10 and 12, expectations are higher and there is extension work for more able students. We are also waiting on Government guidance about when schools will return; this will be the next Clyst Vale Coronavirus Challenge!

(You can follow events at Clyst Vale through our website www.clystvale.org ; here you will find news, regular updates and our weekly Newsletter).

Kevin Bawn, Principal

Things We Can All Do

If you don't know your neighbours, now may be the time to change that.

Pop a note or card through their door and introduce yourself. If you can, do this with another neighbour as people may feel more confident to ask for help from more than just one individual. If you can, give contact number/s. It's better to do this now, before they or you may need support

Check on neighbours, especially anyone who may live alone (regardless of their age), anyone elderly or anyone that may be potentially vulnerable. If someone is self-isolating or unable to get out for whatever reason, can you help by doing practical yet

vital tasks such as:

- * Collecting a prescription or over the counter medications that may be needed
- * Doing some basic grocery shopping
- * If you are making a meal offer to make a portion for someone who may not be feeling able to cook for themselves
- * Take their bins out on bin day
- * Offering to exercise their dog if they have one and are not able to do this themselves

Encourage others to stay active with online exercise classes which can be done from home. Why not take a bin bag and some gloves

when you are out exercising and pick up litter while you go?

Revive the lost art of letter writing – send a message to someone who lives a bit further away, and even include a nice photo

The Government have advised that that this situation may be ongoing for several months. Please bear in mind that although your help may not be required immediately, it is likely that you will be needed at some point.

Top tips for staying safe in your home

Don't use signs of any type on windows and doors etc. to indicate that you need help. This can draw unwanted attention; instead

contact Broadclyst Parish Council to ask for practical help: Visit our website www.broadclyst.org/community/coronavirus Phone us **01392 360269** office hours or **07532 286713** evenings/weekends

Regardless of whether you are well or social distancing, do not let someone into your home that you do not know

If someone is offering to help you and you do not feel comfortable, trust your instincts and decline their offer of help. Never feel pressured into accepting someone's offer of help. always use common sense. Never put yourself or another person at risk

Broadclyst Fun Day

We regret to announce the Broadclyst Fun Day and Family Dog Show that was due to take place on 27th June 2020 has been cancelled.

We appreciate that many community organisations incur expenses as they prepare for Fun Day; with so much uncertainty around the length of time of lockdown and social distancing, we did not want to take the risk of planning to go ahead and having to cancel nearer the time.

We hope to be able to organise some sort of community event late

summer/early autumn; we will revisit this in June and post updates on the Parish Council and Fun Day social media pages.

Broadclyst Fun Day offers local community and voluntary groups an opportunity to raise awareness of their work and is a great chance to meet some of the faces behind the scenes. We love to see the wide variety of community groups who turn out every year.

We remain indebted to Killerton for its ongoing support for this annual

parish event and, regardless of what happens in 2020, look forward to the Fun Day being back with all its usual madness and mayhem on **Saturday 26th June 2021!**



Broadclyst Village Stores and Post Office

Never more has the village shop and post office proven itself to be the hub of the community than during the Coronavirus pandemic, with Debbie and her team stepping up to provide groceries and other items to the door of the vulnerable residents of our Parish.

From fresh fruit and veg, bread, cheeses and pies, to the daily paper and even a DVD library, the Broadclyst shop has demonstrated its commitment to supporting our community, taking orders and

payment over the telephone for same/next day delivery. With comments like

“I couldn't believe that I could get everything on my list this morning!!” and “Life savers, keep up the great work all at Broadclyst stores” filling their social media feed, it's plain to see that Debbie's efforts are greatly appreciated and highly valued by all.

To place an order for delivery, call 01392 461245 after 9am.

Unfortunately Debbie will be leaving us later this summer as the business



has been sold. We look forward to welcoming the new owners and of course wish Debbie well in her new venture!

Julie's "Go Fund Me" Page

Hi, my name is Julie, I'm 79 years old and I live in Broadclyst. I have been inspired by recent fundraising events and I would like to raise money to aid CLYST CARING FRIENDS.

Clyst Caring Friends is a charity close to my heart. Clyst Caring Friends provide Transport service, social activities and provide a day centre for local elderly, inform, disabled or isolated residents.

In 1986 Clyst Caring Friends was founded. A Dr

Walker at Pinhoe surgery realised there was a need for a transport service for helping patients attend doctors' appointments. With local help, the charity was formed and have been going strong ever since.

In Broadclyst Clyst Caring Friends have a popular charity shop which relies on people coming in with donations and buying items from the shop. With this pandemic, this is not possible, and the charity is missing out on funds to support itself.

This is where I call upon everyone in the local area to help me raise funds for this charity. Please sponsor/ donate money to my Go fund me page as I complete 100 laps – totalling 6.2 miles around where I live. I suffer from COPD and have mobility issues, so this is important to me. I will of course be adhering to self-distancing regulations. I'm hoping to achieve this with the help of my walker and by completing a minimum of five laps a day. I will be

starting from Sunday 19th April 2020.

Thank you very much for taking the time to read this, Julie xx



Killerton News

It has been more than a month since the Prime Minister announced lockdown in response to the Covid-19 pandemic.

As I sit at my desk and write this message it feels strange to see the rain falling. I understand it's been nearly four weeks since it last rained significantly, and I know the gardeners, farmers and growers will be glad to see the rain but I have definitely been appreciating the glorious weather over these last few strange weeks.

During the Easter fortnight I was fortunate enough to have holiday booked; I had planned on taking my two boys somewhere during their school holiday, not too far, probably down to Cornwall for some camping and surfing. But like everyone else we have been restricted to staying at home and going out once a day for exercise. Most days this has involved a daily bike ride along the Otter valley although my wife prefers walking to cycling so we tend to alternate.

Two things have been greatly improved during these difficult times (1) the lack of traffic on our roads, and (2) the peace and tranquillity in the countryside and being able to hear wildlife at a distance. My sons are taking a keen interest in hearing these new sounds, some probably for the first

time. I sincerely hope when this episode passes that we are able to retain at least some of these benefits.



On the property at Killerton we have been reduced to a small skeleton team of staff, who collectively have been undertaking essential checks and tasks around the property for security, fire and insurance purposes but also feeding the cat, watering plants, checking the safety and condition of our places across the Estate including car parks, and keeping in touch with our staff and volunteers. Aside from this all other staff on the property have been furloughed to enable the Trust to qualify for the Government's Job Retention Scheme.

The National Trust's Director General wrote to all of our tenants to reassure everyone that the National Trust is committed to the wellbeing of our tenants, supporters and employees and this will be at the forefront of everything we do. We will continue to be guided by Government advice and we

remain absolutely committed to being fair to all our tenants.

We are monitoring developments closely and will adapt our approach, as this crisis continues to evolve. We will share changing information with you and have set up some dedicated pages on our website to do this. These pages will be updated regularly and can be found at www.nationaltrust.org.uk/tenants

With the majority of our staff being furloughed (around 80%) there is obvious pressure on those of us that are left and I appreciate your understanding and patience during these challenging times. We are still trying to provide a service to our properties and the usual lines of communication are still open and the details contained within your Tenant's Handbook are still the ones to use. There may be a slight delay in someone getting back to you but all lines are monitored throughout each day. As the situation continues I am sure that there will be more and more questions so please do contact Richard Jackson, Estate Manager, at Richard.jackson1@nationaltrust.org.uk or via 01392 883142.

We are starting to think about how we might open our places again once

restrictions are eased but this is very early days. At the moment there is no indication from the Government as to when the restrictions will be lifted so I can't imagine we would be seeing our places open before June at the very earliest. It's likely that we would only open the garden and park initially but we would obviously follow all government advice and guidance about when it is safe to do so. As many of you will know Spring is one of the loveliest times in the garden at Killerton and it is such a shame that there is nobody here to enjoy it. However we will be here for everyone once things have improved and I hope that in the meantime you are making use of the wider Estate and the fantastic permissive path network available to you.

So wherever you are and whatever you're doing, please stay safe and keep well.

Best wishes,

Phillip Smart

General Manager,
Killerton Estate



News from Cornerstone Academy Trust

During the lockdown, Cornerstone Academy Trust has been offering a full virtual education programme, from 9am to 3.30pm daily, to all its schools. It is streaming classes and activities that range from full Trust assemblies for 1000 children, class lessons and group work to one-to-one mentoring sessions to individual pupils.

Teachers have been able to run their classes using live streaming of their lessons, delivered through Microsoft Teams video calls. Teams brings together the tools in the Office365 Education suite that they usually use at the schools, supporting the children's lessons with screen sharing, lesson resources in OneNote and Class Assignments. The whole education programme is recorded, so

that parents and children can catch up on anything they need to. Lessons and activities have included art, music and even cookery classes that involve the whole family in order to boost well-being at home.

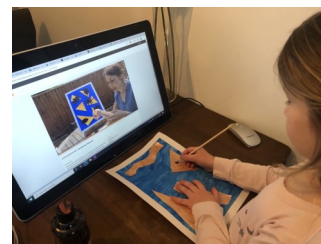


Crucially, the Trust has loaned all the devices usually used in school to parents at home, so that its broad and balanced curriculum can be offered across the whole school community. It has also built a new home-learning website (<https://homelearning.education/>) through which it is

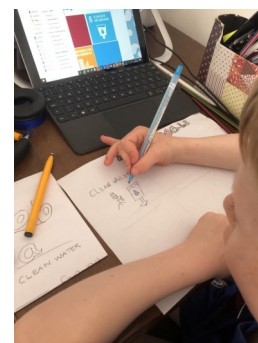
delivering webinars to support parents supervising children's learning, hosting parent consultation meetings and offering lessons on e-safety.

There has been a lot of very positive feedback from parents about this very thorough, transparent and safeguarded approach to remote learning and staff were delighted to receive a big thank-you video, posted by a group of parents on Facebook at the end of April.

At the same time, it was announced that Broadclyst Community Primary School has been awarded EdTech Demonstrator School status by the Department for Education, one of only twenty in the country. Providing expert support and training to other schools in the region, the school is helping them



to access free education learning platforms and build their own digital strategies. It ran its first EdTech webinar, *Starting a virtual school from scratch*, on 30 April, offering training on how schools can set up and use resources most effectively to deliver remote teaching.



Food Poverty

Are you struggling to afford food? The Parish Council is working with Exeter Food Bank and the Broadclyst Fund to provide 'dry goods' food parcels and other essential items like nappies and toiletries.

Contact the Parish Council via office@broadclyst.org or call us on 01392 360269, or email broadclystfund@gmail.com for confidential support.

Broadclyst Fund COVID-19 appeal

The Broadclyst Fund is a Registered Charity which makes grants to individuals

or organisations in Broadclyst Parish (or who have a close association with the Parish) who are in some way in need.

Examples of grants which have been awarded in the last few years include grants towards winter fuel and some domestic appliances.

Recently, the Broadclyst Fund has been able to help a number of parishioners faced with a variety of challenges during this Coronavirus crisis, including loss of income - in large part due to two generous donations from

members of the community at the start of the outbreak.

However, our Fund is almost depleted and so in order to enable us to continue to support those in our community who find themselves very stretched, we are urgently appealing for donations to the Fund.

If you are able to make a donation please email the Fund Trustees, broadclystfund@gmail.com

If you wish to make an application to the Fund for support, please complete the Broadclyst Fund Application Form which



can be downloaded from https://www.broadclyst.org/files/BroadclystFund_application.pdf or email the Fund Trustees, broadclystfund@gmail.com describing your situation and providing your address, email address and/or telephone number if possible.

Thank you for helping us support our community at this time.

Village Clubs and Societies

Broadclyst Brownies and Guides
Hazel (Brown Owl)
07779 038637

Broadclyst Local History Society
John Jones
01392 464577

Broadclyst and Killerton Tennis Club
Margaret Simmons

Broadclyst Bowling Club
Tony Rusbridge (Captain)
07891 429419
broadclystbowlingclub@yahoo.com

Broadclyst Short Mat Bowls Club
Colin Jackson
01392 469409

Tornados Netball Club
Vicky 07956042247
tornadosnetballclub@hotmail.com

Devon Racqueteers Badminton
01392 464676

Broadclyst Community Farm
Jon Smye
07976 536996

Broadclyst Youth Club with YMCA
Angie Hurren
07532 286713

Broadclyst Gardening Club
Chrissie Sweetland
07837 610249

Broadclyst W.I.
Chrissie Sweetland
07837 610249

Cantilena Chamber Choir
Pauline Edwards
01392 461534

Ladies Craft Group
Jean
c/o Clerk 07532 286713

Five-a-Side Football
01392 464676

Soccer Stars Football
01392 464676

Broadclyst Art Society
Denise Proudfoot
01404 822642

Broadclyst Rainbows
Holly Lomax (Bee)
broadclyst.rainbows@gmail.com

Toddler Group
TingTing
tingtingbang@gmail.com

Broadclyst Archery Club
01392 464676

Broadclyst Cricket Club
Contact
www.broadclystcc.co.uk

Short Tennis and Badminton for Children
01392 464676

Broadclyst Allotment Association
broadclystallotmentassociation@gmail.com

Broadclyst Twinning Association
eleanor.rylance@gmail.com

Broadclyst Traffic Group
Cllr. Henry Gent
henry.gent@broadclyst.org

Broadclyst Bell Ringers
James Kirkaldy
broadclystbells@gmail.com

Broadclyst Theatre Group
Katie Jones
katiejonesiphone@gmail.com

Broadclyst V.I.P's
Nicole Walland
Broadclystvips@outlook.com

Clyst Vale Library

Opening Times

Monday 3.30 pm - 5.30 pm
Tuesday CLOSED
Wednesday 3.30pm - 5.30 pm
Thursday 4.00 pm - 6.00 pm
Friday CLOSED
Saturday CLOSED

clystvale.library@librariesunlimited.org.uk
Tel : 01392 464010

Clyst Vale Community College
(Next to main Reception)

CLYST CARING FRIENDS

YOUR LOCAL CHARITY SHOP

Help your Community!

Bargains galore, all proceeds to Clyst Caring

OPENING HOURS

Monday, Wednesday, Thursday, Friday
9:30 am - 4.00 pm
Saturday 9:30 am -12:00 pm

Donations always welcome, purchases even more so

Broadclyst Fund

Is there anybody in need in Broadclyst? The answer is probably yes,
but we don't know who it is.

If you need a modest sum for a sudden emergency or know a friend or relative who does, please contact
Sarah Vaughan in confidence : 01392 466808

Application forms can be found inside the church and on the Broadclyst Parish Council Website.

What's on in the Parish (see www.broadclyst.org for updates)

Monday	Broadclyst Local History Society Broadclyst Victory Hall 2nd Monday of month	Broadclyst Library Clyst Vale Community College Also Wednesday and Thursday	Broadclyst and Killerton Tennis Club 7.00 pm Also Thursday Broadclyst playing fields	Broadclyst Brownies followed by Guides 5.00 - 9.00 pm Pavillions
	Reboot Junior Skate Club 6.00 - 7.00 pm Broadclyst Leisure Centre Also Friday			
Tuesday	Broadclyst Bowling Club Bowls Green, Sports Pavillion Also Wednesday/Thursday	Devon Racqueteers Badminton 7.00 - 10.00 pm Broadclyst Leisure Centre	Bingo 7.45 pm Broadclyst Victory Hall	Tornados Netball Club 7.00- 8.00 pm Clyst Vale Community College
	Chatterbox Broadclyst Parish Church 10.00 am 2nd/4th Tuesday of month	Broadclyst Community Farm Lunchtimes Also Saturday		
Wednesday	Little Angels Baby and Toddler Group 9.15 - 11.15am Broadclyst Victory Hall	Youth Club with YMCA 6+ Years 7.00 - 9.00pm Term Time Sports Pavillion	Broadclyst Short Mat Bowls Club 7.15 - 10.00pm Broadclyst Victory Hall	Tae Kwondo 6.00 - 8.00 pm Broadclyst Leisure Centre
	Casual Trampolining 3 sessions 5.30 - 8.30 pm Broadclyst Leisure Centre			
Thursday	Broadclyst Community Café 9.15am - 12.30pm Green Room, Victory Hall Also Friday (term time only)	Ladies Craft Group 10.00 am Sports Pavillion	Broadclyst WI Clyst Caring Day Centre 4th Thursday of month	Broadclyst Gardening Club 7.30-9.30 pm Clyst Caring Day Centre 2nd Thursday of month
	Cantilena 7.15 pm Broadclyst Victory Hall	Five-a-Side Football Leagues Broadclyst Leisure Centre Also Sunday	Soccer Stars Football Broadclyst Leisure Centre 5.00 - 6.00 pm Also Friday and Saturday	
Friday	Toddler Group Up to 4 yrs 10.00 - 11.30 am Sports Pavillion	Broadclyst Rainbows 5.00 - 6.00 pm	Broadclyst Art Society 9.30 am - 12.30 pm Broadclyst Victory Hall	Football Skills 5-11 yrs 5.00 - 6.00 pm Broadclyst Leisure Centre
Saturday	Clyst Caring Friends Coffee Morning 10.00 - 11.30 am Day Centre 1st Saturday of month	Killerton Farmers and Local Produce Market 10.00 am - 1.30pm 3rd Saturday Killerton House	Mini Tennis followed by Junior Tennis 9.00 - 11.45 am Broadclyst Leisure Centre	Short Tennis and Badminton for Children 10.30 am - 1.00 pm Broadclyst Leisure Centre
	Junior Judo 9.15 - 10.15 pm Broadclyst Leisure Centre	Reboot Junior Skate Club 1.00 - 2.00 pm Broadclyst Leisure Centre	Trampolining 6+ 2 sessions 1.15 - 3.15 pm Broadclyst Leisure Centre	Adult Basketball 5.30 - 7.00 pm Broadclyst Leisure Centre
Sunday	Broadclyst Cricket Club Killerton House Every Summer Sunday	Archery 10.00 am - 12 noon Broadclyst Leisure Centre		

Broadclyst Toddler Group

Broadclyst Toddler Group meets every term-time Friday between 10 and 11.30am, at the Pavilions, Broadclyst. We offer a place to play, relax and have a good old sing-song, and that's just for the adults! 0-3 year olds can come along and get creative, meet new friends and find fun things to do. We organise visits and trips out and seasonal activities. The sessions run on a drop-in basis, no need to book. Costing £2 per child, this includes all craft and cooking materials, toddler snack/drink and nice cuppa for the grown-ups. Contact TingTing at: tingtingbang@hotmail.com

Useful Telephone Numbers and Contacts

Devon County Council	0345 1551004	Shelter (Advice regarding homelessness 0808 8004444
East Devon District Council	01395 516551	Samaritans UK (free for landline and mobile) 116123
EDDC out-of-hours emergencies	01395 516854	Jobcentre Plus Helpline 0845 6043719
Exeter City Council	01392 277888	Environment Agency Flood Line 0845 9881188
R.D. and E. Hospital	01392 411611	The Farming Community Network 03000 111999
Medical Non-Emergency (NHS Direct inc Dentist) 111		Clyst Vale Community College 01392 461407
Police Non-Emergency 101		Broadclyst Community Primary School 01392 461288
Crimestoppers	0800 555111	Westclyst Community Primary School 01392 304040
SWWA	0800 1691144	St. Martins School, Cranbrook 01404 515409
Western Power	0800 365900	Cranbrook Education Campus 01404 823293
Gas Emergency	0800 111999	Broadclyst Pavilions Helen 07925 181720
EON Heat	0345 302 4312	Broadclyst Sports Centre 01392 464676
See the Light	0845 051 1668	Younghayes Centre (Bookings) 01404 41719
Exeter Bus Station	01392 427711	Victory Hall (Bookings) 01392 467161
Exeter Airport	01392 367433	Clyst Mission Community 01392 466257
Pinhoe Surgery	01392 469666	
Pinhoe Surgery Appointments	01392 469668	Killerton Estate Yard
Clyst Caring Friends (Ann Unwin)	01392 464940	Initial contact for repairs and maintenance :
Age U.K.	01392 202092	David Castle, Clerk of Works 01392 883178
Citizens Advice Bureau	0844 4994101	<i>david.castle@nationaltrust.org.uk</i>
East Devon Citizens Advice Bureau	03444 111444	Linda Adams, Business Support 01392 883126
or www.adviceeastdevon.org.uk		<i>linda.adams@nationaltrust.org.uk</i>

Copies of Parish Council Agendas and Minutes

The minutes of all parish council meetings are always put on our website. Copies of these and/or any agenda can be emailed or posted. Please telephone or email the parish clerk for particular copies you want, or request to be added to our emailing list for all agendas and minutes sent out monthly. Details of all planning applications are also available on the website.

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Advertising and copy: Broadclyst Parish Council, office@broadclyst.org

Volunteering: We produce this in our own time - for free! If you can help in any way - from writing articles or delivering - please contact us.

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Contributors are respectfully asked to check factual accuracy of articles and advertisements before submitting as Broadsheet Editors are unable to accept responsibility for such errors once items are received for publication.



M. Sillifant & Sons

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